



**MILL PARK**  
PHYSIOTHERAPY



**Dr Liam West**

**BSc (Hons), MBBCh, MSc SEM, FACSEP**

Dr. West is a Specialist Sport & Exercise Medicine Physician, originally from the UK now based in Melbourne. He currently works at Alphington Sports Med, Melbourne CBD Physio & Sports Med and is the Head Doctor at the Hawthorn Football Club. He has previously worked for international teams and at international events across various sporting codes. He is an associate editor for BJSM and BMJ Open SEM journals.

## TOP TIPS FOR MANAGING ATHLETIC YOUTH INJURIES

A discussion on the difference between managing youth and adult athletes, with a focus on specific injuries seen in this population and how to manage these injuries



### Time and Cost

Tuesday 12th of August 2025  
7.30pm

Cost: Free!

Pizza and soft drink provided



### Location

Mill Park Physiotherapy  
22/1 Danaher Drive  
SOUTH MORANG  
3752



### Additional info

Get the unique view of a sports medicine clinician and researcher working across clinic and elite sports settings.

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Registration Essential | [info@millparkphysio.com.au](mailto:info@millparkphysio.com.au) | [millparkphysio.com.au](http://millparkphysio.com.au)